

Meeting Summary Tuesday, October 24th 2023, 2-3pm

oalition of Wichita Location: ICT Food Rescue & Towne West Square Mall Walking Program

<u>Our mission:</u> Promote physical activity and good nutrition for every generation living in the greater Wichita area through people, programs, and policies.

1. Coalition Updates

- a. Walktober final walking Wednesday hosted by Bike Walk will be at Highland Cemetery. Do you know of walking resources that are not included on the website? If so, let us know.
- b. Food System Updates
 - i. Food and Farm Council meetings announced, see www.wichita.gov/foodplan for dates and meeting minutes.
 - ii. Local Food System Roundtable 11/15 hosted by HWC, Food and Farm Council and K-State Research & Extension
- c. Working Well Conference Save the Date 4/11/24

2. Networking/Good News/Upcoming Activities/Events

- a. Senior Services is holding a fundraiser at Kendra Scott 11/4 1-3pm. 20% of sales goes to support their mission.
- b. The Sedgwick County Health Department is hosting a Fatherhood Program for any father in Sedgwick County. In person meetings include a meal and gas card. Contact <u>Addy Duncan</u> for more information.
- c. Great Plains Diabetes annual Live Well event is 11/4 at the Metroplex including free screenings.
- d. Midwest Dairy is hosting virtual farm tours of 2 dairy farms on 11/8.
- e. Patty Stuever has opportunities to communicate with high school students. SHe also teaches about gratitude, forgiveness and taking risks.
- f. Denise reported that Salud + Bienestar has been hosting a first Friday food drive for the past three years. They hosted a successful symposium on 10/14 focusing on the 6 factors for mental health that was attended by 65 people!
- g. Wichita Family Medicine Community Health Workers continue to advocate for their patients including helping with water bills and delivering a recliner.
- h. Marti brought a graduate of East High School who is now a student at WSU. Both work for Farm to Consumer Legal Defense Fund. They are a nationwide 501c4 that assist with consumer food sales from farms including cottage food and homestead laws.

3. Why We Do What We Do

a. 2021 BRFSS data for Sedgwick County was introduced.

4. Closing, Call to Action & Completely Random Coalition Facts

- a. Call to Action Network! Share what you learned.
- b. Completely random and useless coalition fact of the month
 - i. Number of FTE's potentially affected at the 2023 WWC 47,206
 - ii. True or False one square foot of soil weighs more than one square foot of a car?

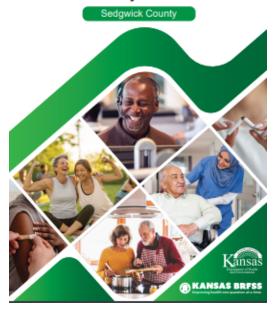
5. Partner Spotlight: ICT Food Rescue TOUR!

- a. Mall Walking Program explained and promoted
- b. Food rescue efforts began in 2016 to fill the gap in the community between groups that have food and groups that need food.



- c. Sign up at Food Rescue US to become a volunteer
- d. Toured the Upcycle Kitchen, food drop off site and dry storage. Facility is registered with the KDA as a food processing site.

2021 Kansas Behavioral Risk Factor Surveillance System Local Data



- 44.5% Adults with doctor diagnosed arthritis who are limited in their usual activities because of arthritis/joint symptoms
- 34.5% Adults with diagnosed hypertension
- 38.9% Adults tested and diagnosed with high cholesterol
- 24.4% Adults not participating in any physical activity other than regular job in the past 30 days.
- 46.5% Adults consuming <1 fruit per day
- 18.5% Adults consuming < 1 vegetable per day
- 39.8% Adults who are obese
- 71.9% Adults who are overweight or obese
- 47.3% Adults who reported their poor mental/physical health kept them from doing their usual activities, such as self-care, work or recreation in the past 30 days.

https://www.kdhe.ks.gov/1734/Kansas-Behavioral-Risk-Factor-Surveillan Key Resources County Reports